



# Eagle Package Syllabus

## Personal Management, Personal Fitness, and Family Life Merit Badges

### **Day 1:**

- 1) Introduction
- 2) Fitness Test (Requirement 6)
- 3) Start Tracking Forms
  - a. Chores (FL Requirement 3)
  - b. Finances (PM Requirement 2)
  - c. Fitness (PF Requirement 8)
  - d. To Do List (PM Requirement 8.A)
- 4) Discussion with Parents
  - a. Review Requirements done at home vs Requirements done at NSB

### **Day 2:**

- 1) Personal Management Day 1

### **Day 3:**

- 1) Personal Management Day 2

### **Day 4:**

- 1) Personal Fitness

### **Day 5:**

- 1) Family Life

### **Day 6:**

- 1) Review Tracking Forms and all other homework assignments
- 2) Sign off blue cards