



GOALS TO COMPLETE IN SAILING LEVEL 2

These are necessary skills to learn in order to advance into our JR Race Team

and/or our Big Boat Program

Skills
<input type="checkbox"/> Demonstrates on the water racing rules knowledge
<input type="checkbox"/> Identify all points of sail on the water
<input type="checkbox"/> Roll Tack and roll Gybe
<input type="checkbox"/> Complete a starting sequence
<input type="checkbox"/> Marlinspike Seamanship (Knots)
<input type="checkbox"/> Understand basic first aid
<input type="checkbox"/> Understand the different types of sailboats
<input type="checkbox"/> Dry Capsize
<input type="checkbox"/> Sail Backwards for 50ft
<input type="checkbox"/> Skipper the Boat for One Race
<input type="checkbox"/> Complete 3 races